

Families as Partners in Learning

Practical Tools for Families and PACs

2026 COPAC Parent Conference



What to expect

- Engaging education sessions for parents & caregivers
- Opportunities to connect informally with Trustees, district staff, presenters & partners
- Time to meet and exchange ideas with parents from schools across the district
- **Registration is FREE and includes coffee, snacks and lunch**



**Saturday
February 28, 2026**

9am - 3pm

In Person at the SD23
Learning Center
1040 Hollywood Road

Free:

Registration Required
by February 13



Parent & Caregiver Learning Sessions

9am - 12pm



Lunch & connections

12pm - 1pm

PAC & Parent Learning Sessions

1pm - 3pm

Coffee, snacks & lunch
will be provided

Who should attend?

You! Any parents and caregivers of students in Central Okanagan Public Schools interested in learning how to better support their students!





FAMILIES AS PARTNERS IN LEARNING

FREE PARENT EDUCATION EVENT SATURDAY FEBRUARY 28 9-3PM

COPAC PARENT CONFERENCE FAMILIES AS PARTNERS IN LEARNING: PRACTICAL TOOLS FOR FAMILIES AND PACS

Parents and PAC leaders are invited to a one-day, in-person Parent Education & PAC Leadership Day on Saturday, February 28 at the Hollywood Road Education Learning Centre.

This free event will offer practical, relevant learning sessions led by district staff and community partners, with opportunities to connect with other parents across schools. Participants will rotate through breakout sessions in the morning and afternoon, with time for discussion, collaboration, and shared learning.

Topics include digital literacy & AI, anti-racism and cultural safety, Indigenous learning, youth health and safety, and PAC leadership essentials.

Morning Parent Education Breakouts

Participants will choose sessions focused on current issues impacting students and families:

AI & Digital Literacy- Learn how AI is showing up in education, what families should know, and how to support students in a rapidly changing digital world.

Anti-Racism, Cultural Safety, and Microaggressions -A practical session focused on building inclusive school communities and understanding how everyday actions and language affect belonging.

Local Syilx Okanagan History and Indigenization of the Curriculum -Learn about the local context, why indigenization matters, and how this learning is being reflected in classrooms.

Vaping and Youth - Information on current trends, local realities, and how families can support prevention and safety.

Safer Schools - Learn about programs in place in SD23 schools to support our youth through mental health and wellness.

Afternoon PAC-Focused Breakouts for PAC and PAC Curious Families

Skill-building sessions designed to support PACs and parent leaders:

PAC 101 - The basics of PACs, why parent engagement matters, and how PACs fit within the BC education system.

Treasurer 101 - Support for PAC treasurers and executive teams, including financial responsibilities, best practices, and common questions.

Food & Nutrition with an Interior Health Dietitian - Interested in hot lunch programs? Join the discussion on food safety, nutrition guidelines, and inclusive food planning in schools.

